

Rhodes Wellness College

Program Title:	Addictions Counsellor Diploma
Program Length:	44 weeks
Program Type:	Career Training/Academic
Program Prerequisites:	<i>Must meet Rhodes Wellness College Ltd. Admission requirements.</i>

Program Description

This comprehensive diploma program is designed for those who are interested in a career in the field of Addictions.

Program Objectives

This program provides comprehensive training in basic coaching and counselling skills and specific knowledge of the particular issues facing addicted clients. In addition by the end of the program, students will be able to provide the following services:

- Provide counselling and coaching services to addicted clients
- Demonstrate ability to work with a diverse group of clients and groups
- Use an integrated case management approach with addicted clients and their families
- Manage client resistance using motivational interviewing skills and other techniques
- Ability to design and facilitate life skills groups for addicted clients
- Conduct workshops in the areas of communications and problem solving
- Able to use life coaching skills according to the International Coach Federation Criteria
- Provide Basic Counselling in the area of substance abuse, family and couples, youth, sexual abuse and trauma, and employment
- Provide Advanced Counselling skills
- Provide high level group leadership
- Understand the basics of conducting a clinic for addicted clients

Project Format

This course will include a variety of teaching methods that coincide with students' various learning styles and the skills required for employment as an addictions professional. The training is conducted in a group setting to

maximize input from students. Small class sizes provide students with individual feedback and attention.

Specific instructional methods include the following:

1. Lectures
2. Role plays
3. Instructor demonstrations
4. Writing
5. Readings
6. Group discussions
7. Group on group analysis
8. Consultation sessions with the instructor(s)
9. Supervised individual counselling sessions

Program Readings

A variety of materials including textbooks and packages of readings will be made available to the students. Specific text books are detailed on individual course outlines.

Program Evaluation

This program is evaluated by a variety of means including written and oral examinations, papers, and supervised field work. Participants must receive a minimum of a passing grade on each course in order to receive their Addictions Counsellor Diploma. Grading schemes and specific competencies are outlined in individual course outlines. If a participant does not receive a passing grade or a complete in all courses, they may apply to repeat the course in question. Requests to repeat courses will be considered on a case by case basis.

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Program Schedule:

- COAC 100 Life Skills Coaching
- COAC 110 Personal Coaching
- COUN 100 Basic Counselling
- COUN 101 Employment Counselling
- COUN 102 Family and Couples Counselling
- COUN 103 Youth Counselling
- COUN 104 Sexual Abuse & Trauma Counselling
- COUN 105 Addictions Counselling
- COUN 109 Clinic Weeks (Counselling)
- COUN 210 Special Topics in Counselling
- COUN 220 Human Development – Theory and Practice
- WELL 220 Lifestyle Management & Program Planning
- PRAC 101 Supervised Practicum
- PROF 210 Professional Practice and Ethics
- PROF 230 Supervised Clinical Practice (Business)